Psychology (PSY)

PSY 201 PRINCIPLES OF PSYCHOLOGY Credits: 3
This course provides an overview of psychology - the scientific study of human behavior and mental processes - using a biopsychosocial framework. Throughout the course students are introduced to the diverse work of psychologists, the terminology psychologists use, and historical and contemporary research in the subdomains of biopsychology, consciousness, sensation and perception, learning, intelligence, memory, lifespan development, emotion, motivation, social influences, stress and health, personality, and psychological disorders and their treatment.

PSY 201H PRINCIPLES OF PSYCHOLOGY - HONORS Credits: 3
This Honors course provides an overview of psychology - the scientific study of human behavior and mental processes - using a biopsychosocial framework. Throughout the course students are introduced to the diverse work of psychologists, the terminology psychologists use, and historical and contemporary research in the subdomains of biopsychology, consciousness, sensation and perception, learning, intelligence, memory, lifespan development, emotion, motivation, social influences, stress and health, personality, and psychological disorders and their treatment.
Prerequisites: Non-Honors students - Approval of course instructor(s) and Honors Program director.

PSY 231 RESEARCH & STATISTICAL TECHNIQUES Credits: 3
An overview of research and statistical techniques: experimental design, sampling, data gathering, central tendency, differences between groups, analysis of variance, chi-square and proportions, non-parametric test, regression, correlation, special applications to problems in the natural and social sciences and business.
Prerequisites: MTH 110 or MTH 123 with a D or higher.

PSY 231H RESEARCH & STATISTICAL TECHNIQUES - HONORS Credits: 3
This Honors course is an overview of research and statistical techniques: experimental design, sampling, data gathering, central tendency, differences between groups, analysis of variance, chi-square and proportions, non-parametric test, regression, correlation, special applications to problems in the natural and social sciences and business.
Prerequisites: MTH 110 or MTH 123 with a D or higher; Non-Honors students - Approval of instructor(s) and Honors Program director.

PSY 251 WEEKEND SEMINAR Credit: 1
A reading and discussion course on subjects of general interest to students in a variety of disciplines. Topics and meeting dates are determined in advance and described in the online Course Schedule for each term. May be repeated with unique topics. Upper division credit will require greater participation.

PSY 288 DEPARTMENTAL SEMINAR Credit: 1
A reading and discussion course on subjects of general interest to students in a variety of disciplines. Topics are determined in advance and described in the online Course Schedule for each term. May be repeated with unique topics. Upper division credit will require greater participation.

PSY 289 UNDERSTANDING THE PSYCHOLOGY MAJOR Credit: 1
This course presents the student with the opportunity to deepen their understanding of the field of psychology through focused study of the following professional areas: research methods including the use of library search tools, encouraging the values of equity, diversity, and inclusion, career options in psychology, critical thinking skill-development, and introduction to research and clinical practice traditions that weave throughout the formal study of psychology at the university level.
Prerequisites: Psychology majors only.

PSY 299E EXPERIMENTAL COURSE Credits: 2
Experimental course option varies by term. Please see academic department for course description.

PSY 312 HUMAN SEXUALITY Credits: 3
This course provides an introduction to human sexuality and gender, including the psychological, social, and physiological aspects of sexuality and gender. Students will study human sexuality and gender from a developmental and relational point of view, with opportunity to consider the social implications of human thought and behavior in these domains.
Prerequisites: PSY 201 with a C or higher.

PSY 321 HUMAN GROWTH AND DEVELOPMENT Credits: 3
An investigation of human development from conception throughout the lifespan. Special emphasis upon determinants of development, review of theoretical viewpoints, stages of development, growth and functioning of intelligence, and special developmental problems.
Prerequisites: PSY 201 with a C or higher (No prerequisite needed for the ABSN program).

PSY 332 RESEARCH METHODS WITH LAB Credits: 4
A critical examination of the principles of research design and research methods in the field of psychology. Students will have the opportunity to design and conduct their own experiments. A lab meeting provides each student with the opportunity to learn and practice quantitative analysis and other relevant skills.
Prerequisites: PSY 201 and PSY 231 with a C or higher.

PSY 343 THEORIES OF PERSONALITY Credits: 3
This course fosters an understanding of historic and contemporary theories of personality, comparing and contrasting these theories using a philosophical framework. Students also learn to apply these theories in explaining human thought and behavior.
Prerequisites: PSY 201 with a C or higher.

PSY 345 CHILD AND ADOLESCENT DEVELOPMENT Credits: 3
An investigation into human development during childhood and adolescence. This course will emphasize the physical, mental, and emotional growth during this age period and special attention will be paid to growth and cultural factors that impact child and adolescent development.
Prerequisites: PSY 321 with a C or higher.

PSY 350 COUNSELING THEORY Credits: 3
A survey of counseling and interviewing procedures as well as the study of recent contributions of psychological theory to counseling techniques.
Prerequisites: PSY 201 with a C or higher.

PSY 351 ADULT DEVELOPMENT Credits: 3
This course exposes students to theories and research related to the developmental process in early, middle, and late adulthood.
Prerequisites: PSY 321 with a C or higher.

PSY 360 FAMILY DEVELOPMENT Credits: 3
This course provides an overview of the family as a developing system. Each stage of the complex family lifecycle will be explored. Throughout this exploration information on and appreciation of diversity of family forms will be given attention. Students will also explore healthy parenting practices and the research foundation for those practices.
Prerequisites: PSY 201 with a C or higher.

PSY 362 SOCIAL PSYCHOLOGY Credits: 3
Social psychology is defined as the scientific study of how individuals think, feel, and behave in social situations. This course is an examination of the foundations of personality and the interplay of culture and personality, as well as the behavior of groups.
Prerequisites: PSY 201 with a C or higher.
PSY 364  INTRODUCTION TO CLINICAL PSYCHOLOGY  Credits: 3
Provides introduction to major concepts and practices associated with clinical psychology, which is the branch of psychology specializing in psychological assessment and treatment. Students learn behavioral, cognitive, intellectual, and personality assessment techniques, consider current issues in the field, and explore various clinical psychology subspecialties (e.g., health/medical, community, neuro, and forensic).
Prerequisites: PSY 201 with a C or higher and MTH 231 or BA 247 with a C or higher.

PSY 370  INTRODUCTION TO COMMUNITY PSYCHOLOGY  Credits: 3
The work of a community psychologist is to strengthen the abilities of organizations, communities, and broader social systems to meet people’s needs. Community Psychology blends research and practice, working with citizens to plan community changes, advance social justice, and use research to inform and evaluate this work. Instead of helping individuals cope with negative circumstances (e.g., trauma, poverty), community psychologists empower people to change those circumstances, prevent problems, and develop stronger communities.
Prerequisites: PSY 201 with a C or higher.

PSY 380  GLOBAL PERSPECTIVES ON PSYCHOLOGY  Credits: 3
An examination of global perspectives on the history of psychology and current psychological practices across the globe.
Prerequisites: PSY 201 with a C or higher.

PSY 381  INTERNATIONAL SERVICE IN PSYCHOLOGY  Credits: 1-3
This course will provide students with an opportunity to increase their global awareness. This will be accomplished through a faculty-led, short term study abroad program, including a volunteer placement and associated cultural experiences.
Prerequisites: PSY 201 with a C or higher, PSY 380 recommended, Department Chair approval.

PSY 391  PRE-INTERNSHIP SEMINAR  Credit: 1
This course is required for students planning to complete a psychology practicum. Students will obtain a site for the practicum during fall semester, which will then be completed in spring semester.
Prerequisites: PSY 201 with a C or higher. Student must have completed one semester in residence at Concordia University.

PSY 399E  EXPERIMENTAL COURSE  Credits: 2
Experimental course option varies by term. Please see academic department for course description.

PSY 410  HELPING SKILLS  Credits: 3
Communication theory is explored and skills are presented and experienced through class involvement. These will include skills necessary for interpersonal relationships with individuals and groups.
Prerequisites: PSY 201 with a C or higher.

PSY 420  HISTORY AND SYSTEMS OF PSYCHOLOGY  Credits: 3
Students will have an opportunity to study the great thinkers in the field of psychology and its historical traditions. The course will provide a complete perspective as a foundation to an understanding of current psychological research.
Prerequisites: PSY 201 with a C or higher.

PSY 422  PSYCHOLOGY OF SPORT AND PHYSICAL ACTIVITY  Credits: 3
This course will focus on the psychological factors related to participation and adherence in sport and physical activity. Students will explore how social and psychological variables influence participation and performance in sport and physical activity and how participation in sport and physical activity affect the psychological well-being of the individual.
Prerequisites: PSY 201 with a C or higher.

PSY 434  ABNORMAL PSYCHOLOGY  Credits: 3
A survey and evaluation of disorders of personality, thought, and behavior. Includes a review of diagnostic techniques, preventive programs, biological and psychological therapies, and other strategies of intervention.
Prerequisites: PSY 321 with a C or higher.

PSY 442  BRAIN AND BEHAVIOR  Credits: 3
This course will study the brain and its function as they relate to human behavior. Particular attention will be placed on brain abnormalities that can lead to mental illness.
Prerequisites: PSY 321 with a C or higher and upper division standing or instructor approval.

PSY 451  WEEKEND SEMINAR  Credit: 1
A reading and discussion course on subjects of general interest to students in a variety of disciplines. Topics and meeting dates are determined in advance and described in the online Course Schedule for each term. May be repeated with unique topics. Upper division credit will require greater participation.

PSY 488  DEPARTMENTAL SEMINAR  Credit: 1
A reading and discussion course on subjects of general interest to students in a variety of disciplines. Topics are determined in advance and described in the online Course Schedule for each term. May be repeated with unique topics. Upper division credit will require greater participation.

PSY 489  UNDERSTANDING THE PSYCHOLOGY MAJOR  Credit: 1
This course presents the student with the opportunity to deepen their understanding of the field of psychology through focused study of the following professional areas: research methods including the use of library search tools, encouraging the values of equity, diversity, and inclusion, career options in psychology, critical thinking skill-development, and introduction to research and clinical practice traditions that weave throughout the formal study of psychology at the university level. Upper division credit requires greater participation.
Prerequisites: Psychology majors only.

PSY 491  PSYCHOLOGY INTERNSHIP  Credits: 5
This course provides a supervised field placement along with a psychology seminar. The intent of this course is to give the psychology major significant experience towards applying classroom learning.
Prerequisites: PSY 391 with a C or higher and Instructor approval.

PSY 492  SENIOR THESIS PREPARATION  Credit: 1
This course is required for students planning to complete a senior thesis. The product of this course will be a thesis proposal.
Prerequisites: PSY 332 with a B or higher.
PSY 493  PSYCHOLOGY THESIS I: LITERATURE REVIEW AND PROJECT DESIGN  Credits: 2
The first of two courses required to complete the thesis option of the Senior Project for graduation as a Psychology major. Students are guided through initial components of the thesis process including literature review, project design, obtaining approval from Concordia's Institutional Review Board (IRB), and the first steps of implementation. **Prerequisites:** PSY 492 with a B or higher; upper division standing; agreement of a faculty member to serve as Faculty Supervisor for thesis project.

PSY 494  PSYCHOLOGY THESIS II: RESEARCH, WRITING, AND DEFENSE  Credits: 2
The second of two courses required to complete the thesis option of the Senior Project for graduation as a Psychology major. Students are guided through the final components of the thesis project, including research, data gathering and analysis, and writing and defense of the thesis. The defense will be a public event open to faculty, staff, students, and community members. **Prerequisites:** PSY 493 with a C or higher.

PSY 496  PSYCHOLOGY PRACTICUM  Credits: 3
A departmental specific course. **Prerequisites:** PSY 201 and PSY 231 with a C or higher and Department Chair approval.

PSY 499  INDEPENDENT STUDY  Credits: 1-3
Topics vary; only by approval of teaching faculty and department chair.